

Programul Wake Up! 2025

TUESDAY

1. Scene - EdinENie

12:00 - 13:30 Music Experience with Deeptrip!

13:30 - 15:30 Jingibi - DJ set

16:00 - 16:30 NH. Nikola Vaptsarov - Kuklen

17:30 - 18:30 Zendō Music Workshop - Bunny and Zendō Sounds

20:00 - 21:30 Another Take

21:30 - 23:00 OrHest ZOR MAJOR

23:00 - 00:30 Visitor Q

2. Megdan - Pine Forest

09:00 All day - Painting with henna and jagua-Manoela Ignatova-Henna Nomad

4. Meeting point Info-center

13:00 - 15:00 Draw Chakra - intuitive creative experience - Club ZaEdno

5. Kids Corner

Some Kids Corner events require advance registration and have limited capacity. Bookings are taken from one day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and fun alongside the organised workshops.

9:30 - 14:00 Games and creativity with Wake Up!

14:00 - 15:00 Radostina Gladkova - Paper clay workshop.

16:00 - 17:00 Nomads: Labyrinth with interactive games for all (4-12 years)

17:00 - 18:00 MiniArt: circus workshop for children

6. Women's Space

16:00 - Opening of the space with Victoria Ra

7. Sound Healing

12:00 - 14:00 Shamanic throat singing - Krasimir Kostov

16:00 - 18:00 Gong-meditation - Eli Sherban

9. Ecstatic Zone

17:00 - 18:30 Cocoa Ceremony (with pre-registration until 16:00 at the Cocoa Bar in the Pine Forest (10 BGN)) Gates Of Light

19:00-21:00 Ecstatic dancing Max from Pax

12. Practices for inner development

15:00 - 17:00 Connecting with the creative nature through writing - Words

17:00 - 19:00 Shamanic Journey "Eye to Eye with Yourself" - Ana Yordanova

13. Green Zone

11:00 - 13:00 Seed Swap and Giveaway with "Naturally"

14. "The Art of Living"

08:00 - 9:00 Sri Sri Yoga - Gancho Ganchev

15:00 - 15:30 Yoga nidra with sankalpa (optional)- Guided relaxation with the voice of Gurudev Sri Sri Ravi Shankar - Gancho Ganchev

16:30 - 17:30 Pancha Kosha (The Five Sheaths) meditation - Gancho Ganchev

15. Aikido - Ryudokan dojo

17:00 - 17:20 Zaza Zen Meditation - Dido Tensho Hajiyeve Sensei

17:25 - 18:00 Taoist Yoga - Iskra Olyanova Sensei

18:05 - 19:30 Aikido lecture and practice - The martial art of practicing harmony - Dido Tensho Hajiyeve Sensei and Ioanna Petrova Sempai

19:30 - 20:00 Ensho - sharing circle - Iskra Olyanova Sensei

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya Siderova

11:00 - 12:00 Energy Psychology Session - Maya Siderova

12:15 - 13:45 Group practice Rhodorada - Daniela Naydenova

13:50 - 15:20 Journey to Self and Mother Earth - Tatiana Kosekova, Tirsa Montgomery, Phaedra Gaudio, OPEN MIND

17:00 - 17:45 Access Bars Facelifting - Daniela Naydenova

18:00 - 18:45 Access Bars facelifting - Daniela Naydenova

23. Rope garden "K.Tun" (paid)

13:30 - 18.30 Rope garden K.Tun - Alex Yanev

25. Extreme sports

18:30 Trial - Extreme Bikes - Alexander Tolev

26. Chaka's Zone

09:00 - 10:30 Individual posturological examinations (paid) - Gancho Stoyanov

11:00 - 13:00 Lecture Posturology and Nanotherapy - Gancho Stoyanov

14:00 - 21:00 Individual posturological examinations (paid) - Gancho Stoyanov

27. Symbolistics - Dome of the Intuition

11:30 - 12:00 Card of the day and tea + practice to it. Stephen Pavlov

12:00 - 13:00 Energy session - cosmo energy Preslav Vassilev

13:00 - 15:00 free program - card work for all Symbolisitka representative

15:00 - 16:00 The Rod in me - lecture - experiential part Polina Yaneva

16:00 - 17:00 Accepting my mother - a path to inner peace - experiential practice Mikaela Stefanova

17:00 - 18:00 Truth or delusion is looking at cards - how Stephen Pavlov works

28. Community of Gratitude

All Day Exhibition - Living in Community

9:00-10:00 Breathing practices - Alia

10:00-11:30 Raw Desserts Workshop (donation entrance) - Geri and Kalin

12:00-12:30 Walk through the community exhibition. Answers to your questions - Sergey

12:30-13:00 Story of my first home birth of my son Indiana - story of my becoming a mother - Alex

15:00-16:00 Educational games for children - Kalin Iliev

16:00-17:00 Sharing and support circle for mothers with young children - baby wearing topic - Geri

29. Metatron - Bioresonance

All day - Bioresonance and Iris

diagnostics (paid) - Kaloyan Kanev

30. Clay workshop

10:00 - 18:00 Mud and Dyes Jr.

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" - Metodi Atanasov

WEDNESDAY

1. Scene - EdinENie

16:30 Calling water - Deva, Victoria and Rumen

17:00 - 18:00 Ritual UNITY

18:00 - 20:00 Hymns in praise of the Spirit

20:00 - 22:00 Ecstatic dance with live music

22:00 - 00:00 Deeptrip

2. Megdan - Pine Forest

09:00 All day - Painting with henna and jagua-Manoela Ignatova-Henna Nomad

12:30 - 14:30 Lessons in basic Bulgarian folk choirs - Fantoma

14:30-16:00 Mini Art Circus Company - Geo Kalev

3. Knowledge

11:00 - 12:00 Parent Sharing Circle - Iva Kostadinova

4. Info-center

12:00 - 13:30 Medicinal mushrooms - lecture and discussion - Mushroom Kingdom

13:00 - 15:00 Draw Chakra - intuitive creative experience - Club ZaEdno

5. Children's Corner

Some of the Kids Corner events require advance registration and have limited capacity. Bookings are taken from one day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and fun alongside the organised workshops.

10:00 - 11:00 Nomads.

11:00 - 12:00 Paper clay workshop: goodie bowls (children over 5 - on their own; 3-4 year olds with an adult)

12:00 - 13:30 MiniArt: circus workshop for children

13:00 - 14:30 Painting with natural glitter paints Dragonfly Art

14:00 - 15:30 Solar Rosette Workshop with Lucy Genkova (9-12 years old; pre-registration required)

15:30 - 16:30 Games with Wake Up!

6. Women's Space

10:00 - 12:00 Women's Circle: Moon Menstrual Chart - Lily Deer

17:00 - 18:30 "Giving Birth Winged" -

Diana Vassileva

7. Sound Healing

09:30 - 11:00 Shamanic throat singing -

Krasimir Kostov

14:00 - 16:00 Healing singing and playing

with sound - Yoanna , Nikolai , Biliانا

17:00 - 18:00 Sound Therapy-Fire Style -

Transformative and Life-giving Energy -

Club ZaEdno

8. Crafts and Practices

09:00 - 10:30 Kundalini Yoga Classes -

Taran Indra Kaur

11:00 - 13:00 Mindfulness Workshop:

Earth and Body - Mindfulness Academy

Bulgaria

13:00 - 14:30 Healing singing and playing

with sound - Nikolay Lazarov, Bilyana

Nakova

14:30 - 16:00 Laughter Yoga - Petya

Vassileva and assistant Anna Damyanova

9. Ecstatic Zone

10:00-13:00 Body Maps Gates Of Lights

11. Lectures and discussions

09:30 - 11:00 Safety and Wholeness of

Breathing Practices - Art of Breathing

11:00 - 12:00 Philosophy of Poetry and

Poetics of Human Existence - Words

13:00 - 14:00 "The Meaning of the Path:

Volunteering as an Adventure" - -

Stanislava Lefterova

15:00 - 17:00 The principles of the

psychotherapeutic process - Maria

Tsvetkova

12. Practices for inner development

09:00 - 11:00 The power of our open

heart - Maria Tsvetkova

13:00 - 15:00 Connecting with Universal

Love - Stella Dimitrova Ra

15:00 - 17:00 The magic of braiding -

B.like_a_braider

17:00 - 18:00 The blocks in me - Elitsa

Ivanova Elves - TriWorld

13. Green area

11:00 - 13:00 Exchange and distribution

of seeds with "Naturalistic"

13:00 - 15:00 Do it yourself photovoltaic

system for your home - Stoney

15:00 - 17:00 Seeds: the least we need

to know - Green Team Bulgaria

14. "The Art of Living"

8:00 - 9:00 Sri Sri Yoga - Gergana Leleva

10:30 - 11:30 Healing through nature

and Ayurveda herbs - Krasimira

Koycheva

15:00 - 15:30 Yoga nidra with sankalpa

(optional)- Guided relaxation with the

voice of Gurudev Sri Sri Ravi Shankar -

Nevena Zlatanova

16:30 - 17:30 Pranayama for more

energy and calm mind - Gancho Ganchev

15. Aikido - Ryudokan dojo

07:30 - 07:55 Zaza Zen Meditation - Dido

Tensho Hajiyeve Sensei

08:00 - 08:30 Misogi - practice for

purification of body and spirit - Dido

Tensho Hajiyeve Sensei

08:35 - 09:35 Aikido practice with

weapons - boken and jo - Dido Tensho

Hajiyeve Sensei and Ioanna Petrova

Sempai

17:30 - 18:30 Aikido - The martial art of

practicing harmony - Dido Tensho

Hajiyeve Sensei and Ioanna Petrova

Sempai

18:30 - 19:00 Ensho - sharing circle -

Iskra Olyanova Sensei

16. Green Home

All day Volunteering opportunities here

and there with European Solidarity Corps

- Stanislava Lefterova All day Exposition

of handmade flutes and meeting with

the craftsman - Yamandi Robert

14:23-16:23 Macramé worker (in

English) Joanne Marie Lorenzon

16:23-18:23 Looking In - Meeting the Other - Stanislava Lefterova

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya Siderova

11:00 - 11:45 Access bar facelift - Daniela Naydenova

12:00 - 12:45 Access Bars facelift - Daniela Naydenova

13:00 - 14:30 Journey to Self and Mother Earth - Tatiana Kosekova, Tirsa Montgomery, Phaedra Gaudio

14:30 - 15:00 Clearing the protective sheath around the heart - Diana Vassileva

15:00 - 15:30 Clearing the protective sheath around the heart - Diana Vassileva

16:00 - 17:30 Group practice Rhodorada - Daniela Naydenova

18. Institute for Silence Research

10:00 - 12:00 Playing with Silence - Krzysztof Filipiuk

12:00 - 19:00 Quiet Zone BEYOND THE WORDS - Institute for the Study of Silence

19. Hive

15:00 - 17:00 Teen Circle Emona, Rada, Rayana, Avenir

17:00 - 18:30 Lecture - discussion.

18:30 - 20:00 Shamanic singing and journey to the Upper World Uka Banun

21. Radoslovna

10:00-11:00 Kundalini Yoga Meditation - Eliza

16:00-17:20 Yoga class - Alexander Hristov

22. Symbolistics - Dome of Intuition

11:30 - 12:00 Map of the day and tea + practice to it. Stephen Pavlov

12:00 - 13:00 Ancestral therapy with intuitive cards Release of ancestral blockages - practice Preslav Vassilev

13:00 - 15:00 free program - work with cards for all representative of Symbolisitka

15:00 - 16:00 CosmoEnergetics - Energy session Polina Yaneva

16:00 - 17:00 The power of the father in me - experiential practice Mikaela Stefanova

17:00 - 18:00 How, when, where - working with intuitive maps Stephen Pavlov

16:00 - 18:00 Archery for young and old (next to the Symbolist Dome) - Archery Tag - arrows. Antonio Dimitrov and Teodora

23. Rope Garden "K.Tun" (paid)

09:00-12:30 Rope Garden K.Tun - Alex Yanev

13:30-18.30 Rope Garden K.Tun - Alex Yanev

24. Hempcrete

10:00-12:00 Conversations on building with hemp, lime and clay Dimitar Mikhailov

15:00-17:00 Practical part - getting our hands dirty with the materials Dimitar Mikhailov

25. Extreme sports

18:30 Trial - Extreme Bikes - Alexander Tolev

26. Chakána Zone

09:00 - 10:30 Individual posturological examinations (paid) - Gancho Stoyanov

11:00 - 13:00 Lecture Posturology and Nanotherapy - Gancho Stoyanov

14:00 - 21:00 Individual posturological examinations (paid) - Gancho Stoyanov

28. Community Blagodatie

All Day Exhibition - Living in Community

10:00-11:30 Knitting Indian mandalas "Ojo de Dios" - Alia

12:00-12:30 Walk through the community exhibition. Answers to your questions - Sergey

15:00-16:00 Educational games for children - Kalin Iliev

16:00-17:00 Sharing and support circle for mothers with young children - breastfeeding topic - Sophie

17:00-19:30 Games for discovering your soulmate (with advance registration) - Geri and Kalin

29. Metatron - Bioresonance

All day - Bioresonance and Iris diagnostics (paid) - Kaloyan Kanev

30. Clay workshop

10:00 - 18:00 Mud and Dyes Jr.

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" - Metodi Atanasov

THURSDAY

1. Scene - EdinENie

17:30 - 18:30 "Flight" Concert by Tsvetan Momchilov

20:00 - 21:30 TRIGAIDA

21:30 - 23:00 Drum Show World music - Piero & Buny

23:00 - 00:30 Emil Prize

2. Megdan - Borova Gora

08:30 - 10:30 Kirtan - Andrey

09:00 All day - Painting with henna and Jagua-Manoela Ignatova-Henna Nomad

10:30 - 12:30 Workshop for young and old in circus arts - Agnon Collective

13:30 - 15:00 African Dance - Maria Kosa

15:00 - 16:30 Songwriting meeting - Gabriela Pavlova

16:30 - 17:30 Lessons in basic Bulgarian folk choirs - Fantoma

3. Knowledge

11:00 - 12:00 Parent Sharing Circle - Iva Kostadinova

15:00 - 17:00 My purpose in life according to Human Design

4. Info-center

13:00 - 15:00 Draw Chakra - an intuitive creative experience - Club ZaEdno

17:30 Herbal Walk - Alexandrina from Zhivets

5. Children's Corner

Some of the Kids Corner events require pre-registration and have limited capacity. Bookings are taken from one day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and activities alongside the organised workshops.

10:00 - 11:00 Nomads.

11:00 - 12:00 Paper clay workshop: amulets for body and home (4-6 years)

12:00 - 13:30 MiniArt: circus workshop for children

12:30 - 14:00 "Journey through the body. Destination: spine" with Anna Okleva from the NF "Fluttering Heart-2011" (4-8 years; with advance registration)

13:00 - 14:30 Painting with natural glitter paints Dragonfly Art

16:00 - 17:30 Solar Rosette Workshop with Lucy Genkova (9-12 years old; pre-registration required)

16:00 - 17:30 Children's workshop with puppets "Storytellers" with Desislava Plamenova (6-9 years old; pre-registration required)

17:30 - 18:30 "Theatre Male-Male: TALE OF A WESELOPE outdoor puppet show for children"

6. Women's space

10:00 Mandala for blessing and gratitude to Mother Earth - Bozhena Ivanova (open for Men)

12:30 The Power of Being a Woman - Nadezhda Todorova

17:00 - 18:30 Mothers and daughters - Teodora Goranova

7. Sound Healing

09:30 - 11:00 Shamanic Throat Singing - Krasimir Kostov

12:00 - 14:00 Gong meditation with Planetary Gong Venus - Eli Sherban

17:00 - 18:00 Sound Therapy-Air Style - Lightness, Movement and Freedom - Club ZaEdno

8. Crafts and Practices

09:00 - 10:30 The Sun in You - Stefka Besheva

11:00 - 13:00 Mindfulness Workshop: Roots and Wind - Mindfulness Academy Bulgaria

13:00 - 15:00 Yoga of laughter - Petya Vassileva and assistant Anna Damyanova

16:00 - 18:00 Workshop on spinning on a song - Prema

18:00 - 19:30 MetaForma-movement, dance and creativity with Vili Tichkova - PARADOXY

9. Ecstatic Zone

10:00-12:00 Osho Chakra Breathing

Dance Within

17:00-18:30 Cocoa Ceremony (with pre-registration until 16:00 at the Cocoa Bar in the Pine Forest (10 BGN)) Gates Of

Light

19:00-21:00 Ecstatic Dance - Opening

Kaanou and Martha

10. Sensory Labyrinth Theatre - "I See Myself!"

10:00-13:30 Performance of labyrinth "I

See Myself!" (paid) - Petar Petrov

11. Lectures and discussions

09:30 - 11:00 What is Yoga? - Martin

Alexandrov

15:00 - 17:00 The gentle power of the

wisdom of the gene keys - Maria

Tsvetkova

17:00 - 19:00 'Life in a Journey'-

hitchhiking and walking adventure

through Asia! - Valentin Stankov

12. Practices for inner development

09:30 - 11:00 AumRa Diamond Reiki and

Diamond Healing Energy. Introduction

and Group Healing Session - Hristo

Valchev Aumomarrael Amra

11:00 - 13:00 Shamanic Journey "Eye to

Eye with Yourself" - Ana Yordanova

13:00 - 15:00 Journey to Self and Mother

Earth - Tatiana Kosekova, Tirsia

Montgomery and Phaedra Gaudio

15:00 - 17:00 Neurography - The ability

to create Good in the World -

NeuroObnova

17:30 - 19:30 Exploring personal

boundaries and asserting them - Maria

Tsvetkova

13. Green Zone

10:00 - 11:00 Herbal hair care - from

knowledge to ritual - Maria from

PriRodna

11:00 - 13:00 Exchange and distribution

of seeds with the "Green Team of

Bulgaria" and "Naturally"

13:00 - 14:00 Introduction to

permaculture: ethics and principles for

creating a holistic farm - Danail Petrov

15:00 - 17:00 Construction outside the

city - Challenges and solutions -

Alexander Petlichkov (Aditya)

17:00 - 18:00 Presentation of Naturalistic

Association through a Q&A game with

prizes

14. "The Art of Living"

8:00 - 9:00 Sri Sri Yoga - Krasimira

Koycheva

10:30 - 11:30 Practical workshop The

Power of Breath - Gergana Leleva

15:00 - 15:30 Yoga nidra with sankalpa

(optional)- Guided relaxation with the

voice of Gurudev Sri Sri Ravi Shankar -

Nevena Zlatanova

16:30 - 17:30 Ayurveda - Path to Health -

Dr. Shrijid Ajupad

15. Aikido - Ryudokan dojo

07:30 - 07:55 Zaza Zen Meditation - Dido

Tensho Hajiyev Sensei

08:00 - 08:30 Misogi - practice for

purification of body and spirit - Dido

Tensho Hajiyev Sensei

08:35 - 09:35 Aikido - The martial art of

practicing harmony - Dido Tensho

Hajiyev Sensei and Ioanna Petrova

Sempai

17:30 - 18:30 Aikido practice with

weapons - boken and jo - Dido Tensho

Hajiyev Sensei and Ioanna Petrova

Sempai

18:30 - 19:00 Ensho - sharing circle -

Iskra Olyanova Sensei

16. Green House

All day Volunteering opportunities here

and there with European Solidarity Corps

- Stanislava Lefterova All day Exposition

of handmade flutes and meeting with

the craftsman - Yamandi Robert

14:23-16:23 Permaculture for people

who have no idea (but wish they did) -

Stanislava Lefterova

16:23-18:23 Wood flute making workshop (in English) Yamandi Robert

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya Siderova

11:00 - 11:45 Access bar facelift - Daniela Naydenova

12:00 - 12:45 Access Bars facelift - Daniela Naydenova

13:00 - 14:00 Access Bars facelift - Daniela Naydenova

14:00 - 15:00 Energy Psychology Session - Maya Siderova

15:00 - 16:00 Session with Energy Psychology - Maya Siderova

16:00-17:00 Energy Healing Key to the Subconscious - Diana Vassileva

17:30-18:30 Energy Healing Key to the Subconscious - Diana Vassileva

21:00 - 22:00 Screening of the film "Rodilni narratives", followed by a discussion with some of the participants - Tatiana Kosekova, Diana and Stanislav Vasilev, Rodilnitsa Association

18. Institute for Silence Research

11:00 - 12:30 Sensory walk - Institute for Silence Research

12:30 - 15:00 Quiet Zone BEYOND THE WORDS - Institute for Silence Research

15:00 - 18:00 LIVE TRANCE CIRCLE - Ruben Ruiz

18:00 - 19:00 Silence Zone BEYOND THE WORDS - Institute for the Study of Silence

19. Hive

10:00 - 12:00 When Motherhood Overwhelms Us - Workshop Inna Braneva

12:00 - 14:00 Adventure games for young people Avenir and Victor

14:00 - 16:00 The big picture of the small self - regressions and constellations Uka Banun

16:00 - 18:00 Intuitive Tarot - Workshop with Divya Pony ID card drawing

18:00 - 19:30 Fairy Tale Therapy with Nadezhda Todorova Fairy Tale School

20. Paneurhythmy

06:00 Paneurhythmy

09:00 Exploring Paneurhythmy - Lyudmila Vincheva

21. Radoslovna

11:00-13:00 "Archetypes of power, logic and order (Zeus, Apollo, Poseidon)" - Silvia Metodieva

16:00-17:00 Yoga Nidra - Elisa

17:00-18:30 Couples massage for muscle relaxation - Alexander Hristov

22. Symbolistics - Intuition Dome

11:30 - 12:00 Map of the day and tea + practice to it. Stephen Pavlov

12:00 - 13:00 Group reiki session Preslav Vassilev

13:00 - 15:00 free program - card work for all Symbolisitka representative

15:00 - 16:00 Quantum Practice - How to stop only sabotage Polina Yaneva

16:00 - 17:00 How to unblock our life - generic laws - lecture Mikaela Stefanova

17:00 - 18:00 Why can't you watch yourself? lecture Steven Pavlov

16:00 - 18:00 Archery for young and old (next to the Symbolistics dome) - Archery Tag - arrows. Antonio Dimitrov and Teodora

23. Rope Garden "K.Tun" (paid)

09:00-12:30 Rope Garden K.Tun - Alex Yanev

13:30-18.30 Rope Garden K.Tun - Alex Yanev

24. Hempcrete

10:00-12:00 Conversations about construction with hemp, lime and clay Dimitar Mihaylov

15:00-17:00 Practical part - getting our hands dirty with the materials Dimitar Mihaylov

26. Chakána Zone

09:00 - 10:30 Individual posturological examinations (paid) - Gancho Stoyanov

11:00 - 13:00 Lecture Posturology and Nanotherapy - Gancho Stoyanov

14:00 - 21:00 Individual posturological examinations (paid) - Gancho Stoyanov

28. Community Blagodatie

All Day Exhibition - Living in Community

8:30-9:00 Walk through the community exhibition. Answers to your questions - Sergey

9:00-10:00 Breathing practices - Alia

10:00-11:30 Living and learning with our children in nature ("unschooling") - Kosyo

12:00-13:30 Talk about my second home birth of my son Ljubljana - in a musical trance... - Alex

15:00-16:00 Educational games for children - Kalin

16:00-17:00 Sharing and support circle for mothers with young children - topic natural baby hygiene - Geri

29. Metatron - Bioresonance

All day - Bioresonance and Iris

Diagnostics (paid) - Kaloyan Kanev

30. Clay workshop

10:00 - 18:00 Mud and Dyes Jr.

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" -

Metodi Atanasov

FRIDAY

1. Scene - EdinENie

15:30 - 16:30 The Voice of Water - sound meditation - Club Together

17:00 - 18:30 Ritual Healers

20:00 - 21:30 Etherea

21:30 - 23:00 Whitefoot

23:00 - 01:00 Dharba

2. Megdan - Pine Forest

08:30 - 10:30 Kirtan - Vraja Krishna

09:00 All day - Painting with henna and jagua-Manoela Ignatova-Henna Nomad

11:00 - 12:30 "Tell Me" Theatre

13:30 - 15:00 African Dance - Maria Kosa

15:00-16:30 Soap Balloon Workshop! - Kole Kitanov

3. Knowledge

13:30 - 15:00 The ingredients of the good life - Ivan Todorov

15:00 - 17:00 How do our designs communicate? - Humandesign.bg

17:00 - 19:00 17:00 - 18:30 Anna Okleva: Self-compassion

4. Meeting point Info-center

12:00 - 13:30 Medicinal mushrooms - lecture and discussion - Mushroom Kingdom

13:00 - 15:00 Draw Chakra - intuitive creative experience - Club ZaEdno

5. Children's Corner

Some of the Kids Corner events require advance registration and have limited capacity. Bookings are taken from one day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and activities for the children alongside the organised workshops.

10:00 - 11:00 Nomads.

11:00 - 12:30 "Letter to the Earth" with Anna Okleva from the "Fluttering Heart-2011" National Centre (8-10 years; with advance registration)

11:00 - 12:30 Children's workshop with puppets "Storytellers" with Desislava Plamenova (6-9 years old; with advance registration)

13:00 - 14:00 Paper clay workshop: papier mache masks (6+ years)

14:00 - 15:30 Painting with natural glitter paints Dragonfly Art

15:00 - 16:30 MiniArt: circus workshop for children

16:00 - 17:00 DemocracyIt: Clay Workshop

17:30 - 18:30 "Theatre Male-Male: A Fairy Tale Outdoor Children's Puppet Show"

6. Women's Space

09:30 - 11:30 The Sacred Path of Parenthood - talk - Uka Banun (open to Men)

12:00 - 14:00 Yoni Shakti Yoga - Prema Daya

17:00 - 18:30 Menopause - an end or a new beginning? Kornelia Pavlova

7. Sound Healing

09:30 - 11:00 Shamanic throat singing - Krasimir Kostov

12:00 - 14:00 Sound Journey - Vicky and Rumen

14:30 - 16:00 Singing of the Living Book and Prayer for the Bulgarian Spirit - Elitsa Yorgova and Nadezhda Stoilova

17:00 - 18:00 Sound Journey with gongs and crystal bowls - Cornelia and Polly

8. Crafts and Practices

09:00 - 10:30 The Sun in You - Stefka Besheva

11:00 - 13:00 Mindfulness Workshop.

13:00 - 15:00 Healing singing and playing with sound - Nikolay Lazarov, Bilyana Nakova

16:00 - 18:00 THE HEALING HAND OF THE CREATOR - Transformational workshops with BAGRA

18:00 - 19:30 MetaForm-movement, dance and creativity with Vili Tichkova - Feather and Stone

9. Ecstatic Zone

10:00-12:00 Embodied movement and free dance Vihra Shopova

17:00-18:30 Cocoa ceremony and live music (with advance registration until 16:00 at the Cocoa Bar in the Pine Forest (10 lv)) Swara Mystika

19:00-21:00 Ecstatic dancing Bewildered Lucidity

10. Sensory Labyrinth Theatre - "I See Myself!"

10:00-13:30 Performance of labyrinth "I See Myself!" (paid) - Petar Petrov

11. Lectures and discussions

09:30 - 11:00 From I to happy WE - Maria Tsvetkova

11:00 - 13:00 Astrological talk - the New Time 2025-2026 - Bozhena Ivanova

15:00 - 17:00 Secrets of the skin microbiome: How fermented cosmetics change our skin - Lyubomira

17:00 - 19:00 The Lester Method for Emotional Freedom - Krasen Tomov

12. Practices for inner development

09:30 - 11:00 AumRa Diamond Portal Meditation. Group Guided Meditation

on 11.07.2025 with the energies of the day and period - Hristo Valchev

Aumomarrael Amra

11:00 - 13:00 To Sow Peace - Awareness Forest

13:00 - 15:00 Men's Circle - Martin, Rumen and Hristo

15:00 - 16:30 Start with the breath - workshop - Art of Breathing

17:00 - 18:30 Neurography- The ability to create Good in the World - NeuroObnova

13. Green area

10:00 - 11:00 Herbal hair care - from knowledge to ritual - Maria from PriRodna

11:00 - 13:00 Exchange and distribution of seeds with the "Green Team of Bulgaria" and "Naturally"

12:00 - 13:00 Why do we need a seed bank - Green Team Bulgaria

13:00 - 15:00 Do it yourself photovoltaic system for your home - Stoney

17:00 - 18:00 Presentation of the Naturalistic Association through a Q&A game with prizes

14. "The Art of Living"

8:00 - 9:00 Sri Sri Yoga - Blagovesta Georgieva

10:30 - 11:30 The Science of Sleep - Dr. Shridhid Ayyapad

12:00 - 13:00 Breathing as prevention for physical and mental health - Nevena Zlatanova

15:00 - 15:30 Yoga nidra with sankalpa (optional)- Guided relaxation with the voice of Gurudev Sri Sri Ravi Shankar - Nevena Zlatanova

16:30 - 17:30 The Five Keys to Learning with Distinction - Practical Children's Yoga Workshop - Adrian Stamenov

15:00 - 18:00 Three-day course Part 1 on breathing techniques with pre-registration and compulsory attendance on all three days - Konstantin Dragov

15. Aikido - Ryudokan dojo

07:30 - 07:55 Zaza Zen Meditation - Dido Tensho Hajiyevev Sensei

08:00 - 08:30 Misogi - practice for purification of body and spirit - Dido Tensho Hajiyeve Sensei

08:35 - 09:35 Aikido practice with weapons - boken and jo - Dido Tensho Hajiyeve Sensei and Ioanna Petrova Sempai

16:40 - 17:25 Taoist Yoga - Iskra Olyanova Sensei

17:30 - 18:30 Aikido - The martial art of practicing harmony - Dido Tensho Hadjiev Sensei and Ioanna Petrova Sempai

18:30 - 19:30 Ensho - sharing circle - Iskra Olyanova Sensei

16. Green Home

All day Volunteering opportunities here and there with European Solidarity Corps - Stanislava Lefterova

All day Exposition of handmade flutes and meeting with the craftsman - Yamandi Robert

14:23-16:23 The meaning of the journey: volunteering as an adventure - Stanislava Lefterova

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya Siderova

11:00 - 12:30 Group demonstration of K-Power - Lazarina van Oosten and Petyo Ilinov

13:00 - 14:00 Energy Psychology Session - Maya Siderova

14:00 - 15:30 Kinesiological Balance - Lazarina van Oostven

16:00 - 17:00 Kinesiological Balance - Katina Dishkov

17:30 - 18:30 Kinesiological Balance - Katina Dishkov

18. Institute for Silence Research

10:00 - 11:00 Vocal Improvisation - Ruben Ruiz

11:30 - 13:00 Quiet Zone BEYOND THE WORDS - Institute for the Study of Silence

13:00 - 15:00 Playing with Silence - Krzysztof Filipiuk

15:00 - 18:00 LIVE TRANCE CIRCLE - Ruben Ruiz

18:00 - 19:00 Silence Zone BEYOND THE WORDS - Institute for the Study of Silence

19. Kosher

8:30 - 10:00 Taoist practices Rumen Mihailov

10:30 - 12:00 The Emotional Dilemma - workshop for men, and not only - Inna Braneva

12:00 - 14:00 The art of highlighting yourself with make-up - workshop for girls Nadezhda Todorova

14:00 - 16:00 The soul program and how to get out of the Matrix Uka Banun

17:00 - 19:00 Playback Theatre "Playwright's Life" Dramedy Playback Theatre

20. Paneurhythmy

06:00 Paneurhythmy

09:00 Exploring Paneurhythmy - Lyudmila Vincheva

21. Radoslovna

11:00-13:00 Archetypes of the inner world and instinct (Hades, Hephaestus, Ares) - Silvia Metodieva

16:00-17:00 Kundalini Yoga Meditation - Elisa - Elisa

17:30 - 19:00 Wine as a healing gift - sensual and ritual experience - Elizabeth Porteva

22. Symbolistics - Dome of Intuition

11:30 - 12:00 Map of the day and tea + practice to it. Stephen Pavlov

12:00 - 13:00 Holidays through generic therapy lecture Preslav Vassilev

13:00 - 15:00 free program - card work for all Symbolisitka representative

15:00 - 16:00 Ancestral thread - return to your strength - group ancestral practice Polina Yaneva

16:00 - 17:00 Monetary abundance and inner value - group quantum practice Mikaela Stefanova

17:00 - 18:00 How to train your intuition - card practice Stephen Pavlov

16:00 - 18:00 Archery for young and old (up to the dome) - Archery Tag - arrows. Antonio Dimitrov and Teodora

23. Rope Garden "K.Tun" (paid)

09:00-12:30 Rope Garden K.Tun - Alex Yanev

13:30-18.30 Rope Garden K.Tun - Alex Yanev

24. Hempcrete

10:00-12:00 Conversations on building with hemp, lime and clay Dimitar Mikhailov

15:00-17:00 Practical part - getting our hands dirty with the materials Dimitar Mikhailov

25. Extreme sports

18:30 Trial - Extreme Bikes - Alexander Tolev

26. Chakána Zone

09:00 - 10:30 Individual posturological examinations (paid) - Gancho Stoyanov

11:00 - 13:00 Lecture Posturology and Nanotherapy - Gancho Stoyanov

14:00 - 21:00 Individual posturological examinations (paid) - Gancho Stoyanov

28. Community Blagodatie

All Day Exhibition - Living in Community

8:30-9:00 Walk through the community exhibition. Answers to your questions - Krasi

10:00-11:30 Knitting Indian mandalas "Ojo de Dios" - Alia

12:00-13:30 Presentation of Indiana Children's School - Kosyo

15:00-16:00 Educational games for children - Kalin

16:00-17:00 Sharing and support circle for mothers with young children -

feeding topic - Sophie

17:00-19:30 Games for making new friends (with pre-registration) - Geri and Kalin

29. Metatron - Bioresonance

All day - Bioresonance and Iris diagnostics (paid) - Kaloyan Kanev

30. Clay workshop

10:00 - 18:00 Mud and Dyes Jr.

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" - Metodi Atanasov

SATURDAY

1. Scene - EdinENie

14:30 - 16:00 Sound-vibration chording with gong and crystal bowls - Kornelia Pavlova and Polina Popova

16:00 - 16:30 Kukeri - H.C. Prosveta-1963 Village Sokolitsa

16:30 - 17:30 Gaidi and Horo - Ensemble "Epodai"

19:30 - 21:00 Embraced Cloud

21:00 - 22:30 "Bulgaria Sings" - Maestro Yordan Kamdzhlov

22:30 - 23:00 Fire Show - Agnon Collective

23:00 - 01:30 Bewildered Lucidity

2. Megdan - Pine Forest

08:30 - 10:30 Kirtan - Rai Das

09:00 All day - Painting with henna and Jagua-Manoela Ignatova-Henna Nomad

11:00 - 12:30 Impromptu Show with Gaff Band

12:30 - 13:30 "Balloon as an Elephant" - Kole Kitanov (40-50 min)

3. Knowledge

11:00 New Pedagogies (Future Now)

13:00 - 15:00 The film of the Democratic

15:00 - 17:00 How to make our child grow freely according to Human Design - Humandesign.bg

17:00 - 19:00 Natural and natural birth in Bulgaria - dream or reality? - Dr. Tsonev

4. Info-center

11:00 - 12:30 The Secret World of Mushrooms - Mushroom Kingdom

13:00 - 15:00 Draw Chakra - intuitive creative experience - Club ZaEdno

15:00 - 16:00 Workshop - How to play the Tibetan bowl - Club ZaEdno

17:30 Herbal Walk - Alexandrina from Zhivets

5. Children's corner

Some of the Kids' Corner events require advance registration and have limited capacity. Bookings are taken from one

day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and activities alongside the organised workshops.

10:00 - 11:00 Nomads.

11:00 - 12:30 "Journey Through the Body. Destination.

13:00 - 14:30 Painting with natural glitter paints Dragonfly Art

14:00 - 15:30 Solar Rosette Workshop with Lucy Genkova (5-9 years old; pre-registration required)

14:30 - 16:00 MiniArt: circus workshop for children

15:00 - 16:30 Children's workshop with puppets "Storytellers" with Desislava Plamenova (9-12 years old; pre-registration required)

6. Women's Space

10:00 - 11:30 "Women's adaptive roles - shields and doors to the heart - Devi Flow"

12:00 - 13:30 Awakening the Wild Feminine Essence - Hristina Hasmova

15:00 - 16:30 Natural Birth and Parenting - Tatiana Kosekova, Diana and Stanislav Vasilev, Rodilnitsa Association

17:00 - 18:30 Mila de Clare's practice for awakening feminine energy - Ellie Sherban

7. Sound Healing

08:00 - 11:00 Energy and sound with the Spirit. The Spirit

15:00 - 16:30 Singing of the Living Book and Prayer for the Bulgarian Spirit - with Elitsa Yorgova and Nadezhda Stoilova

17:00 - 18:00 Sound Therapy-Earth Spirit - Stability, Abundance and Inner Strength - Club ZaEdno

8. Crafts and Practices

09:00 - 11:00 Kundalini Yoga Classes - Taran Indra Kaur

11:00 - 13:00 THE HEALING HAND OF THE CREATOR - Transformational workshops with BAGRA

13:00 - 15:00 NeuroBionics - Movement Workshop/Exploration - NeuroObnova

15:00 - 16:30 Om Chanting - Moksha

16:30 - 18:00 Singing Spinning Workshop - Prema

18:00 - 19:30 MetaForma-movement, dance and creativity with Vili Tichkova - Tridynstvo ▲

9. Ecstatic Zone

11:00-13:00 Movement practice with release of emotions Movement My Love

17:00-18:30 Cocoa Ceremony (with pre-registration until 16:00 at the Cocoa Bar in the Pine Forest (10 BGN)) Devi Flow

19:00-21:00 Ecstatic dancing Man Of No Ego

10. Sensory Labyrinth Theatre - "I See Myself!"

10:00-13:30 Performance of labyrinth "I See Myself!" (paid) - Petar Petrov

11. Lectures and discussions

11:00 - 13:00 Lester's Method for Emotional Freedom - Krasen Tomov

13:00 - 15:00 1 year out of the System - what we learned - Martin Alexandrov and Michaela Zaimova

15:00 - 17:00 Presentation of Rakovsky's book - Vraja Krishna

17:00 - 19:00 Menopause - an end or a new beginning - Kornelia Pavlova

12. Practices for inner development

10:00 - 11:00 Deep breathing practice with Kirill and his handpen - Art of Breathing

11:00 - 13:00 AumRa Diamond Crystal Circle. Introduction to Crystals and Guided Group Meditation for Connecting with Crystal Consciousness and Spirit - Hristo Valchev Amra Amomarrael

13:00 - 15:00 The Magic of Braiding - B.like_a_braider

15:00 - 16:30 Connecting with the Creative Nature through Writing - Slov

16:30 - 19:00 Kundalini Meditation Circle - Martina Kiderova

13. Green area

11:00 - 13:00 Exchange and distribution of seeds with the "Green Team of Bulgaria" and "Naturally"

13:00 - 14:00 The path of my 50-year community: the three foundations that

created and preserved it - Danail Petrov (12.07 - 50 min)

12:00 - 13:00 The latest GMO, how to recognize it - Green Team Bulgaria

14:00 - 15:00 Permaculture approach in construction: clay plasters for zero footprint - Miroslav Miroslavov

15:00 - 17:00 Introduction to permaculture design. Questions and Answers - Philippe from Jelen, House Vegetarium

17:00 - 18:00 Presentation of the Naturalistic Association through a Q&A game with prizes

14. "The Art of Living"

8:00 - 9:00 Yoga in pairs - Theodora Pagalidi

8:00 - 9:00 Kids Yoga - Blagovesta Georgieva

10:30 - 11:30 The secrets of coping with the mind - Gancho Ganchev

10:30 - 13:30 Three-day course Part 1 for breathing techniques with pre-registration and compulsory attendance on all three days - Konstantin Dragov

12:00 - 13:00 Know Your Child - Adrian Stamenov

15:00 - 15:30 Yoga nidra with sankalpa (optional) - Guided relaxation with the voice of Gurudev Sri Sri Ravi Shankar - Nevena Zlatanova

16:30 - 17:30 Happiness Program - how to be happy unconditionally - Blagovesta Georgieva

15. Aikido - Ryudokan dojo

07:30 - 07:55 Zaza Zen Meditation - Dido Tensho Hajiyeve Sensei

08:00 - 08:30 Misogi - practice for purification of body and spirit - Dido Tensho Hajiyeve Sensei

08:35 - 09:35 Aikido practice with weapons - boken and jo - Dido Tensho Hajiyeve Sensei and Ioanna Petrova Sempai

17:00 - 17:15 Embukai - Aikido demonstration open to public - Dido Tensho Hajiyeve Sensei, Iskra Olyanova Sensei and Ioanna Petrova Sempai

17:30 - 18:30 Aikido - The martial art of practicing harmony - Dido Tensho Hadjiev Sensei and Ioanna Petrova Sempai

18:30 - 19:30 Ensho - sharing circle - Iskra Olyanova Sensei

16. Green Home

All day Volunteering opportunities here and there with European Solidarity Corps - Stanislava Lefterova

All day Exposition of handmade flutes and meeting with the craftsman - Yamandi Robert

14:23-16:23 Wood flute making workshop - Yamandi Robert

16:23-18:23 Macramé Workshop (in English) - Joanne Marie Lorenzon

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya

11:00 - 12:30 Theta Healing Session - Mariana

12:45-13:45 Energy Healing Key to the Subconscious - Diana

14:00-15:30 1 Theta Healing Session - Mariana

15:30-17:00 Emergency Hands-on Help - Maya

17:00-18:30 Group demonstration of Touch for Health

18:30-19:30 Kinesiology Balance - Katina

18. Institute for Silence Research

11:00 - 12:30 Sensory Walk - Institute for Silence Research

12:30 - 15:00 Quiet Zone AWAY FROM THE WORDS - Institute for Silence Research

15:00 - 18:00 LIVE TRANCE CIRCLE - Ruben Ruiz

18:00 - 19:00 Silence Zone BEYOND THE WORDS - Institute for the Study of Silence

19. Kosher

8:30 - 10:00 Taoist practices - Rumen Mihailov

10:30 - 12:00 Art Workshop for Teenagers E-Mona and Rayana

12:00 - 15:00 The power to change the world through pregnancy, birth and parenthood - Uva Miner, Lyubomira Lilova, Rositsa Bozhkova

Talk - discussion for parents, professionals and all who want to make a change
15:00 - 17:00 Fairy tales and the power of words - workshop Nadezhda Todorova /Nandini Dev
18:00 - 19:30 Constellation theatre "I want but I have to" "Star people"

20. Paneurhythmy

06:00 Paneurhythmy
09:00 Exploring Paneurhythmy - Lyudmila Vincheva

21. Radoslovna

11:00-13:00 Archetypes of movement, connection and transcendence (Hermes, Dionysus) - Silvia Metodieva
17:00-18:15 Self-massage - Alexander Hristov

22. Symbolistics - Dome of Intuition

11:30 - 12:00 Map of the day and tea + practice to it - Stephen Pavlov
12:00 - 13:00 Group Cosmo Energetics - Preslav Vassilev
13:00 - 15:00 free program - card work for all Symbolistka representative
15:00 - 16:00 What your soul wants - constellation method - Polina Yaneva
16:00 - 17:00 Our place in the generic system - how belonging shapes our lives - Mikaela Stefanova
17:00 - 18:00 Everyone is an oracle but how to trust it - lecture + practice - Steven Pavlov
16:00 - 18:00 Archery for young and old (next to the Symbolistics dome) - Archery Tag - arrows. Antonio Dimitrov and Teodora
23. Rope Garden "K.Tun" (paid)
09:00-12:30 Rope Garden K.Tun - Alex Yanev
13:30-18.30 Rope Garden K.Tun - Alex Yanev

24. Hempcrete

10:00-12:00 Talks on building with hemp, lime and clay - Dimitar Mikhailov
15:00-17:00 Practical part - getting our hands dirty with the materials - Dimitar Mikhailov

25. Extreme sports

18:30 Trial - Extreme bikes - Alexander Tolev

26. Chaka's Zone

09:00 - 10:30 Individual posturological examinations (paid) - Gancho Stoyanov
11:00 - 13:00 Lecture Posturology and Nanotherapy - Gancho Stoyanov
14:00 - 21:00 Individual posturological examinations (paid) - Gancho Stoyanov

28. Community Blagodatie

All Day Exhibition - Living in Community
8:30-9:00 Walk through the community exhibition. Answers to your questions - Krasi
10:00-11:30 Life in the Family Manor - A magical school of conscious creation - Kosyo
15:00-16:00 Educational games for children - Kalin
16:00-17:00 Sharing and support circle for mothers with young children - birth theme - Alex
17:00-18:30 "It takes a village to raise a child": discussion about family and community - Sophie and Krasi

29. Metatron - Bioresonance

All Day - Bioresonance and Iris Diagnostics (paid) - Kaloyan Kanev

30. Workshop with clay

10:00 - 18:00 Mud and dyes junior

31. Immensity

09:00 - 10:00 Live podcast - Zhivko Krastev

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" - Metodi Atanasov

SUNDAY

1. Scene - EdinENie

14:00 - 15:30 Concert of songs with guitar by Bat' Neven
18:00 - 19:00 Circus performance- Tihomir Dimitrov "Circo MiSirCo"
20:00 - 21:00 Chu Britza
21:00 - 23:00 Bass People

2. Megdan - Pine Forest

08:30 - 10:30 Kirtan - Rai Das

09:00 All day - Painting with henna and Jagua-Manoela Ignatova-Henna Nomad

10:30 - 12:00 Concert "3 for Happiness"- Rada, Rayana, Avenir

12:30 - 14:30 Song meeting - Gabriela Pavlova

3. Knowledge

11:00 - 12:00 Parent Sharing Circle - Iva Kostadinova

12:00 - 15:00 What can we learn from the Indians? - Martin Alexandrov

14:00 - 15:00 Discussion - The Democratic One

4. Meeting point Info-center

13:00 - 15:00 Draw Chakra - an intuitive creative experience - Club ZaEdno

5. Children's corner

Some of the Kids' Corner events require advance registration and have limited capacity. Bookings are taken from one day to the next at the Info Centre. Our volunteers are on hand throughout the day to organise games and activities alongside the organised workshops.

10:00 - 11:30 "Letter to the Earth" with Anna Ockleva from the "Fluttering Heart-2011" NFP (8-12 years old; with advance registration)

11:00 - 12:00 Solar Rosette Workshop with Lucy Genkova (5-9 years; with advance registration)

11:30 - 13:00 Children's workshop with puppets "Storytellers" with Desislava Plamenova (9-12 years old; with advance registration)

13:00 - 14:00 Painting with natural glitter paints Dragonfly Art

16:00 - 18:00 MiniArt: circus workshop for children

6. Women's space

9:30 - 11:00 Yoga for hormonal balance - Nevena Chervenakova

7. Sound Healing

12:00 - 13:00 Sound journey with gongs and crystal bowls - Cornelia and Polly

8. Crafts and Practices

09:00 - 11:00 Kundalini Yoga Classes - Taran Indra Kaur

11:00 - 13:00 THE HEALING HAND OF THE CREATOR - Transformational

workshops with BAGRA

13:00 - 15:00 Laughter Yoga - Petya Vassileva and assistant Anna Damyanova

16:00 - 18:00 Lessons in basic Bulgarian folk choirs - Phantoma

9. Ecstatic Zone

10:00-12:00 Meditation - Sacred connection with our body Movement My Love

11. Lectures and discussions

11:00 - 13:00 From immaturity to growth - Maria Tsvetkova

13:00 - 15:00 The Lester Method for Emotional Freedom - Krasen Tomov

12. Practices for inner development

09:00 - 11:00 Healing singing and playing with sound - Nikolay Lazarov, Bilyana Nakova

11:00 - 13:00 Shamanic Journey "Eye to Eye with Yourself" - Ana Yordanova

13. Green Zone

09:30 - 11:00 Spiritual Eco Community - Integral Principles for Success - Philip from Jelen, Vegetarium House

11:00 - 13:00 Exchange and distribution of seeds with the "Green Team of Bulgaria" and "Naturally"

14. "The Art of Living"

8:00 - 9:00 Sri Sri Yoga - Theodora Pagalidi

10:30 - 12:00 Self-Healing Keys - The Power of the Sages - Blagovesta Georgieva

10:30 - 13:30 Three-day course Part 1 on breathing techniques with pre-registration and compulsory attendance on all three days - Konstantin Dragov

15:00 - 15:30 Yoga nidra with sankalpa (optional)- Guided relaxation with the

voice of Gurudev Sri Sri Ravi Shankar -
Nevena Zlatanova

15. Aikido - Ryudokan dojo

07:30 - 07:55 Zaza Zen Meditation -

"Dido Tensho Hajiyeve Sensei"

08:00 - 08:30 Misogi - practice for
purification of body and spirit - "Dido
Tensho Hajiyeve Sensei"

08:35 - 09:35 Aikido - The martial art of
practicing harmony - Dido Tensho
Hajiyeve Sensei and Ioanna Petrova

Sempai

09:35 - 10:30 Ensho - Sharing Circle -

"Iskra Olyanova Sensei"

17. Energy Awakening Association

9:30 - 11:00 Stargate experience - Maya

Siderova

11:00 - 12:00 Paida Lajin Group Practice -

Lazarina van Oosten and Petyo Ilinov

12:30 - 13:30 Kinesiology Balance -

Katina Dishkov

13:30 - 15:00 Theta Healing Session -

Mariana Panayotova

15:00 - 16:30 Kinesiology Balance -

Katina Dishkov

16:30 - 18:00 Theta Healing Session -

Mariana Panayotova

18:30 - 20:00 Kinesiology Balance -

Katina Dishkov

19. Kosher

13:00 - 16:00 Art Workshop / Teen Circle

Emona, Rayana, Rada, Avenirer

21. Radoslovna

12:00 - 13:00 Energy and emotional

hygiene - Ralitsa Stoeva

13:30 - 15:00 The Dance of Breath -

Integrative Breathing - Ralitsa Stoeva

23. Rope garden "K. Tun" (paid)

09:00-12:30 Rope Garden K. Tun - Alex

Yanev

25. Extreme sports

18:30 Trial - Extreme Bikes - Alexander

Tolev

26. Zona Chakána

09:00 - 10:30 Individual posturological

examinations (paid) - Gancho Stoyanov

11:00 - 13:00 Lecture Posturology and

Nanotherapy - Gancho Stoyanov

14:00 - 21:00 Individual posturological

examinations (paid) - Gancho Stoyanov

28. Community Blagodatie

All Day Exhibition - Living in Community

8:30-9:00 Walk through the community

exhibition. Answers to your questions -

Krasi

9:00-10:00 Breathing Practices - Alia

11:00-12:30 Story of my third home birth

in our home in nature - and a star was

born, our daughter! Radomira!" - Alex

15:00-16:00 Educational games for

children - Kalin

16:00-17:00 Sharing and support circle

for mothers with young children -

children's songs theme - Alex

17:00-19:30 Soul Mate Discovery Games

(with pre-registration) - Geri and Kalin

29. Metatron – Bioresonance

Full day - Bioresonance and Iris

diagnostics (paid) - Kaloyan Kanev

30. Clay workshop

10:00 - 18:00 Mud and Dyes Jr.

31. Immensity

10:00 - 11:00 Live Podcast - Zhivko

Krastev

32. Reading with "KIBEA"

10:00-18:30 Reading with "KIBEA" -

Metodi Atanasov